

# FARM GIRL

A slice of Australian café culture in Notting Hill focused on delivering a holistic yet comfortable approach to brunch. Chilled vibes, neon lights and plants galore is the setting created to enjoy vegan BLT's, rose lattes and of course, avocado on toast.

## BUILD YOUR OWN BOWL

more details inside

## OUR SMOOTHIE BOWLS 7.50

all dairy-free and gluten-free

<b>pitaya</b>	frozen pitaya, frozen banana, sunwarrior protein
<b>acai</b>	frozen amazonian acai, frozen banana, coconut, chia
<b>green</b>	avocado, spirulina, bee pollen, banana, cashews
<b>lavender</b>	blue matcha, hemp seeds, pistachios, coconut lavender water *POWER BOWL*

## OUR SMOOTHIES 6.50

<b>E</b>	energy booster	coconut water, camu camu, spinach, ginseng
<b>M</b>	muscle recovery	cacao, cashew milk, a shot of espresso
<b>R</b>	skin rejuvenation	coconut water, rose, strawberries, aloe vera
<b>S</b>	stress relief	coconut milk, turmeric, reishi extract
<b>D</b>	digestive boost	coconut milk, ginger, activated charcoal, pineapples

## OUR SALADS 8

all gluten-free

<b>sal</b>	curly kale, cucumbers, avocado, mango, kimchi, salmon, sesame	DF
<b>hen</b>	white quinoa, edamame, mint, pineapple, red peppers, spinach, chicken	DF
<b>buck</b>	buckwheat, carrots, marinated shiitake, cherry tomato, hiyashi wakame, coriander, tofu	DF
<b>grass</b>	courgetti, hiyashi wakame, kale, flake almonds, apple, fried garlic, chili	DF

V = suitable for vegans DF = free from dairy GF = free from gluten  
please advise us of any allergies

## TOAST 5.50

gluten-free available

avocado, pomegranate
tapenade, spinach, artichoke
radish, peas, cherry tomatoes, cashew cream
fig, ricotta, honey, lemon

## SUPER LATTES

<b>butterfly matcha</b>	4.10
organic blue matcha latte, almond milk	
<b>hibiscus matcha</b>	4.10
organic red matcha latte, coconut milk	
<b>matcha latte</b>	3.70
organic japanese green tea powder	
<b>chai latte</b>	3.70
home brewed, cinnamon	
<b>liquid gold latte</b>	3.90
turmeric, cinnamon, astragalus, honey	
<b>latte black</b>	4.00
activated charcoal, date syrup, cashew milk	
<b>hot chocolate</b>	4.00
raw cacao, date syrup, coconut milk	

## IN THE FRIDGE

fresh orange juice	3.50
fresh grapefruit juice	3.50
kombucha kat	4.00
jax coconut water	3.50
jax sparkling coconut water	3.50
still or sparkling water	2.00
CPRESS cold pressed juices	

## TEA

<b>fresh</b>	2.50	green
fresh ginger		peppermint
fresh mint		earl grey
fennel		english breakfast
hibiscus		chamomile
lemon, honey, ginger		
<b>avo cleanse</b>	3.50	
apple cider vinegar, manuka honey, milk thistle		
<b>liquid gold</b>	3.50	
turmeric, astragalus, ginger root, honey, lime		
<b>bags</b>	2.50	

## COFFEE

espresso	2.20
long black	2.50
piccolo	2.60
flat white	2.90
cappuccino	2.90
latte	2.90
rose latte	3.60
cold drip cold brew	.40
almond milk	.40
coconut milk	.40
cashew milk	.40
brown rice milk	.40
hazelnut milk	.60
extra shot	.50
decaf	.50

## BOOZE SERVED INSIDE

wine, beer and farm aperitifs



monday - friday  
7.30am - 7.30pm

### OPENING TIMES

saturday  
8.30am - 7:00pm

sunday  
8.30am - 6:00pm



SEE MORE ON THE MENU UPSTAIRS ON THE 1<sup>ST</sup> FLOOR

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